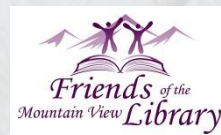


Family Yoga

with Jackie Long



Sponsored
by the



Enjoy yoga together in these playful family workshops.
Wear comfortable clothes and bring a towel or mat for each person.

Note: If you have children of multiple ages, sign up for the class that best suits your youngest child and the teacher will adapt for older children.

Saturday, December 15, 2012

Library Community Room

Baby (newborn-12 months)

11:30 am - 12:00 pm

Toddler (1's and 2's)

12:15 pm - 12:45 pm

Preschool (3's and 4's)

1:00 pm - 1:30 pm

Big Kids (5-12 years)

1:45 pm - 2:30 pm

Class size is limited. Register online at:

<http://libraryxo.org/familyyoga2012>